



# Triple R Teaching

Hello, it's Anna from the Measured Mom, and today I want to share four things you can do to get started learning about the science of reading.

Number one, acquaint yourself with The Reading League. The Reading League is a nonprofit organization with the goal of helping all teachers understand the science of reading. This is their mission statement: "The purpose of The Reading League is to increase knowledge of science-based approaches to teach reading as well as research that demystifies how people learn to benefit the lives of millions of students. We train and support educators and school leaders. By extension, we also serve parents, specialists, and researchers. We believe all children deserve to learn to read and all teachers can teach them."

I love the Reading League because it always comes at things from a non-judgmental approach. They have lots of free resources, as well as recorded webinars that you can purchase, but you can start by reading their Defining Guide, which is free online, and gives a simple look at what the science of reading is and is not.

If you have room in your budget, you can purchase some of those webinars I mentioned, or sign up for their journal, which is the most readable, accessible journal I've ever received. I love it. If nothing else, check out their YouTube channel and watch the free trainings. So that's number one, to check out The Reading League.

Number two, begin reading a simple accessible book about the science of reading. If you're not sure where to begin, listen to our next episode because that's where I'm going to talk about some simple books to get you started.

Number three, start listening to science of reading podcasts, which you are obviously already doing, because you are listening to this one! I would head to the show notes for this episode so you can get a list of the others that I've found, and add them to your podcast player.

Here are some that I have discovered that I think you will like. Literacy Talks, Melissa

and Lori Love Literacy, Amplify, Teaching Reading and Learning (which is the Reading League podcast), EDVIEW 360, and Reading Teachers Lounge. If you know of more science of reading podcasts that I did not mention, I'd love for you to leave those in the comment section of the show notes.

Number four, join a reputable science of reading Facebook group so you have a place to ask questions. Maybe you've heard of the big Facebook group, "Science of Reading: What I Should Have Learned in College." Now, the group has gotten very, very big, and you know, of course, that the bigger a group gets, the more drama you might find and the more difficult it becomes to sort between helpful and unhelpful comments, but the moderators in this group are really dedicated to making it a place where you can learn so they work really hard to only, I think, approve questions they think will be helpful, and then they also moderate the answers. So it's a great place to go, and I recommend joining that one or a similar one.

Quick recap, the four things you can do to get started learning about the science of reading: get acquainted with The Reading League, begin reading a simple accessible book, start listening to more science of reading podcasts, and join a reputable science of reading Facebook group.

In our next episode, I'll be sharing easy books to get you started with the science of reading. You can find the show notes for today's episode at [themeasuredmom.com/episode8](http://themeasuredmom.com/episode8).