

High Frequency Word List

Suggested Order for Teaching High Frequency Words

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In choosing how to order these words, I considered the following:

- Some words are placed near the beginning because of their high utility (a, the, is, etc).
- Some words are placed near the beginning because they are simple VC (am, at, etc.) and CVC words (did, can, etc.), which are at the beginning of almost every phonics scope and sequence.
- Other words are placed according to where they appear in The Measured Mom Decodable Books. These words may appear *before* the related phonics pattern is introduced. [Get these books here.](#)
- When not introduced earlier, words are grouped according to phonics pattern. They are placed alongside the Measured Mom Decodable Book that features the pattern.
- Other words are placed near similar words so that students can learn the related words together (do/does, say/said, etc.).

It is not necessary to explicitly teach all the words with predictable phonics patterns, since you can simply weave them into your phonics lessons. However, we include them in case you would like to give any of them extra attention.

Please feel free to teach the words in the order that feels right to you!

UPDATED High Frequency Word List

Please note: The Measured Mom Decodables, along with their featured phonics skill noted in parentheses, are listed according to where they fit in this high frequency word sequence. Remember that all the decodable books are included with your membership.

I		go	
am		goes	
at		back	Set 1a, Book 12: Sick! (ck)
and	Set 1a, Book 1: Sam (s, j, a, t, p, m, d)	get	
the	Set 1a, Book 2: The Cat (c)	red	
a		ten	
had	Set 1a, Book 3: A Cat and a Hat (h) Set 1a, Book 4: The Rat (r)	do	
an		does	
can		done	
on	Set 1a, Book 5: Pam and the Mat (n)	have	Set 1a, Book 13: Deb the Hen (e)
as		look	Set 1a, Book 14: The Big Sack (l)
has		come	
is		some	Set 1a, Book 15: The Van (v)
in		so	
it		no	
its		us	
did		up	
him	Set 1a, Book 6: Jim and the Cap (i)	but	
too	Set 1a, Book 7: Sam at Bat (b)	see	Set 1a, Book 16: Jim and Kim Get Wet (w, u)
if		her	Set 1a, Book 17: The Fish Wish (sh)
are	Set 1a, Book 8: The Big Fin (f)	this	
big		with	
for		them	
good	Set 1a, Book 9: The Big Hat (g)	then	
his	Set 1a, Book 10: Kip the Kid (k)	than	
of		that	Set 1a, Book 18: Beth and the Path (th)
to		give	
not		such	
got	Set 1a, Book 11: Jon and the Job (o)	much	Set 1a, Book 19: The Cash (ch)

which		myself	Set 1b, Book 5: Kim's Stash (s-blends)
when	Set 1a, Book 20: Wham! (wh)	put	
six		thing	Set 1b, Book 6: Rolf and the Clubs (final blends)
will		must	
she		went	
he		jump	
me		just	
we		ask	
be	Set 1a, Book 21: Kim and the Box (x)	help	
out		fast	
yes	Set 1a, Book 22: Fox and the Duck (y, qu)	best	
play	Set 1a, Book 23: Zip It! (z)	day	
what		now	
you		want	
your		wash	Set 1b, Book 7: The Math Test (final blends)
well		were	
tell		by	
off	Set 1b, Book 1: Jess (FLOSS rule)	going	
two		without	Set 1b, Book 8: Josalind Camps (final blends)
they		won	
until		said	
upon	Set 1b, Book 2: The Piglets (compound words)	there	
was		could	
down		would	
into		should	
black	Set 1b, Book 3: The Sled (l-blends) Set 1b, Book 4: The Crab (r-blends)	along	
from		long	
say		bring	
says		sing	Set 1b, Book 9: The Contest (ng)
my		again	
stop		all	

fall		or	
drink		walk	Set 2, Book 3: The Problem with Beth (-ed suffix)
think		laugh	
thank	Set 1b, Book 10: The Rink (nk)	under	
cold		before	
old		their	
hold		ate	
find		came	
kind		gave	
most		here	
both		like	
love		make	
doesn't		made	
live		home	
onto		take	
been	Set 1b, Book 11: Tink and Volt (old, olt, ost, ind, etc.)	these	
after		those	
how		use	
today	Set 1b, Book 12: The Golf Pro (open syllables)	write	
know		white	
you're		while	
where		five	Set 2, Book 4: Bad Jokes (CVCE words)
family	Set 2, Book 1: Lost! (VC/CV words)	ever	
one		never	
don't		why	Set 2, Book 5: Rude Reptiles (CVCE words)
pull		more	
full		sure	
seven		our	
open	Set 2, Book 2: Magic Tricks (V/CV & VC/V)	fly	Set 2, Book 6: Bike Stunts(CVCE words)
even		right	
house		away	Set 2, Book 7: Swimming Lessons (-ing suffix)

over	Set 2, Book 8: The Pet Rabbit (-tch, -dge)	soon	Set 2, Book 14: Sam and the Project (oo as in zoo)
through	Set 2, Book 9: The Telescope (ph, wr, -mb, gh, kn)	buy	
who		together	
little		altogether	Set 2, Book 15: Josalind Cooks (oo as in book)
three		once	
keep		start	
green		far	
eat		warm	Set 2, Book 16: Sweet Pea the Chicken (ar)
each		four	
read		favorite	
please	Set 2, Book 10: A Trip to the Beach (ee & ea)	ready	Set 2, Book 17: Norm the Horse (or)
may		people	
any		every	
many	Set 2, Book 11: Mike and the Snail (ay & ai)	hurt	
friend		better	
first		girl	Set 2, Book 18: The Perfect Pets (er, ur, ir)
because		always	
grow		call	
show		small	
own		already	
yellow	Set 2, Book 12: The Biggest and the Best (oa, ow, oe)	saw	
light		draw	
try		enough	Set 3, Book 1: Paul and Saul at the Mall (aw, au, al)
since	Set 2, Book 13: The Alaska Trip (igh, -y)	boy	
other		thought	Set 3, Book 2: Boing! (oi, oy)
work		about	
animal		around	
school		brown	

found			
round			
actually	Set 3, Book 3: The Manners Coach (ou, ow)		
really			
interesting	Set 3, Book 4: The Giant Wombats (V/V) Set 3, Book 5: Training Sparkle		
very			
carry			
funny			
only	Set 3, Book 6: A New Hobby (-y at end)		
beautiful			
special	Set 3, Book 7: Neal's Birthday (soft and hard c)		
usually	Set 3, Book 8: The Garage Sale (soft and hard g)		
blue			
new			
different	Set 3, Book 9: The Cruise (ui, ue, ew, ou)		
eight			
great			
though	Set 3, Book 10: The Sleigh Ride (eigh, ei, ea)		
move			
pretty			
believe			
definitely	Set 3, Book 11: The Hockey Game		